



MEDISEPT
Perfect disinfection

3 STEPS OF HAND HYGIENE

Recommendation



The Three Step Technique:

1



STEP ONE

involves wetting the entire surfaces of the hands with an alcohol-based disinfectant (based on your own assessment)

2



STEP TWO

involves rotating the fingertips of the other hand

3



STEP THREE

involves a rotary rubbing of both thumbs

Both techniques are performed for **30 seconds** using **3 ml** of hand rubbing liquid



Total time:
30 seconds



Don't forget to
wash these areas



Manufacturer: **MEDISEPT Sp. z o.o.**
Konopnica 159 c
21-030 Motycz, Poland

tel.: 81 535 22 66
export@medisept.pl
www.medisept.biz

Partner: